

### DIARY OF THE WEEK

CO-ORDINATED BY SOPHIA BEDDOW PHOTOGRAPHS BY DOMINIC O'NEILL



Multimillionaire Anton Bilton with his wife and hostess for the night Lisa B



Heidi Bishop shows off her bump



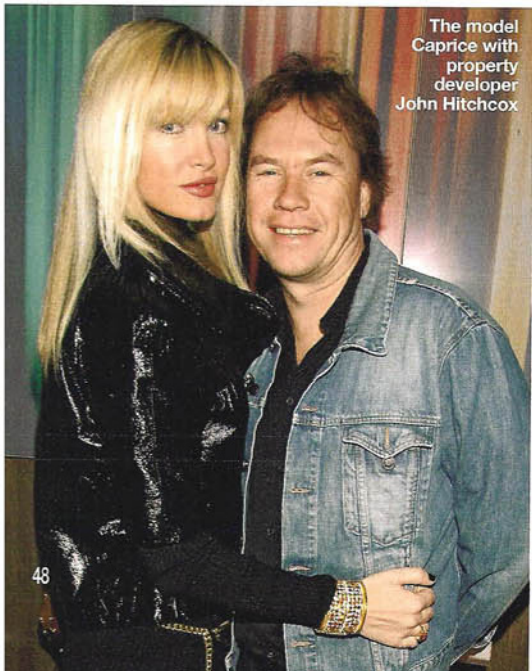
The Earl Countess Morning

### CELEBRATING A MODEL LIFESTYLE

It was a suitably stylish event when American model, actress and mother Lisa B hosted a party at the Cookbook Cafe at London's InterContinental to launch her book *Lifestyle Essentials*, which gives tips on optimum living. The glamorous crowd included James Blunt, Flavio Briatore, Caprice and Amanda Wakeley. "It's a bit scary writing a book about how to live your life," admitted Lisa, whose guests enjoyed her Big Apple Martinis and champagne cocktails as well as goody bags brimming with beauty treatments.



Cool and casual: model Marie Helvin



The model Caprice with property developer John Hitchcox



Designer Elizabeth Emanuel and singer James Blunt