

lifestyle-essentials

HANDBAG ESSENTIALS

- Passport/ Photo ID*
- Tickets*
- Frequent Flyer/ Air miles Cards*
- Travel Itinerary*
- Details of where you are going/ staying*
- Directions*
- Map*
- Money/ traveler checks/ foreign currency*
- Small notes for tipping*
- A Pen*
- Mobile phone/ Blackberry*
- Invitations*
- Snacks/ mints/ chewing gum*
- Sunglasses*
- Hand sanitizer wipes*

OTHER: _____

HAND LUGGAGE ESSENTIALS

- Batteries*
- Books and magazines*
- Camera / video camera*
- Change of clothes/ knickers*
- Film*
- International Adapter*
- Jewellery*
- Laptop*
- Phone charger / spare battery*
- Present to give (if invited as a guest somewhere)*
- Toiletry bag*

TOILETRY BAG ESSENTIALS

- Body Lotion*
- Cotton Buds*
- Cotton pads*
- Dental floss*
- Deodorant*
- Ear plugs and eye mask*
- Facial wash*
- Hair band and grips*
- Hair Brush / Comb*
- Headache / pain reliever pills*
- Make-up remover*
- Matches*
- Medications*
- Moisturizer*
- Nail clipper / scissors*
- Nail file*
- Nail polish remover*
- Needle & thread (travel sewing kit)*
- Perfume*
- Small safety pins*
- Tampons (just in case)*
- Tooth brush & Toothpaste*
- Travel size shampoo & conditioner*
- Tweezers*
- Eye Mask & Ear Plugs (just in case your hotel room is bright & noisy!)*

OTHER: _____